

CheerExpo All Star/Club, Novice & Prep Cheer Divisions and Info 2019

Cheer Divisions	Age (years)	Gender	# Members	Levels	Worlds	L.Champ /Maxout	Co-Ed Quantity
Tiny Cheer							
Tiny Novice	3-6	MIXED	5-30	1 (N)			
Tiny Prep	5-6	MIXED	5-30	1 (P)			
Tiny	5-6	MIXED	5-30	1		Y/Y	
Mini Cheer							
Mini Prep	5-8	MIXED	5-30	1, 2 (P)			
Mini	5-8	MIXED	5-30	1, 2		Y/Y	
Youth Cheer							
Youth Prep	5-11	MIXED	5-30	1, 2 (P)			
Youth	5-11	MIXED	5-30	1, 2, 3		Y/Y	
Youth Level 4	8-11	MIXED	5-30	4		Y/Y	
Youth 5 Restricted	9-11	MIXED	5-38	5R*			
Junior Cheer							
Junior Prep	5-14	MIXED	5-30	1, 2 (P)			
Junior	5-14	MIXED	5-30	1, 2, 3		Y/Y	
Junior 4	8-14	MIXED	5-30	4		Y/Y	
Junior 5 Restricted	9-14	MIXED	5-38	5R*			
Junior 5	9-14	No Males	5-38	5		Y/Y	
Junior Co-Ed 5	9-14	MIXED	5-38	5		Y/Y	
International Junior (IASF) **	10-16**	MIXED	5-30*	1, 2, 3		Y/Y	
International Junior 4 (IASF) **	10-16**	No Males	5-30*	4		Y/Y	
International Junior Co-Ed 4 (IASF) **	10-16**	MIXED	5-30*	4		Y/Y	
Senior Cheer							
Senior Prep	11-17	MIXED	5-30	1, 2 (P)			
Senior	11-18	MIXED	5-30	1, 2		Y/Y	
Senior 2.0	11-18	MIXED	5-30	2.0			
Senior 4.2	11-18	MIXED	5-30	4.2		Y/N	
Senior	11-18	No Males	5-30	3, 4		Y/Y	
Senior Co-Ed	11-18	MIXED	5-30	3, 4		Y/Y	Y
Senior 5 Restricted	11-18	MIXED	5-38	5R			
Senior 5	13-18	No Males	5-38	5	Y*	Y/Y	
Senior Co-Ed 5	13-18	1-19 Males	5-38	5	Y*	Y/Y	Y
Senior Open 5 **	14+	No Males	5-24	5	Y*	Y/Y	
Senior Open Small Co-Ed 5 **	14+	1-4 Males	5-24	5	Y*	Y/Y	Y
Senior Open Large Co-Ed 5 **	14+	5-12 Males	5-24	5	Y*	Y/Y	Y
International Senior (IASF) **	14-18	MIXED	5-30*	1, 2		Y/Y	
International Senior (IASF) **	14-18	No Males	5-30*	3, 4		Y/Y	
International Senior Co-Ed (IASF) **	14-18	MIXED	5-30*	3, 4		Y/Y	Y
International Open Cheer **							
International Open Non-Tumble (IASF) **	14+	MIXED	5-30*	1.0, 2.0			
International Open Non-Tumble (IASF) **	14+	MIXED	5-30*	3.0			Co-Ed Only
International Open 5.0 NT (IASF) **	14+	No Males	5-30*	5.0	Y*		
International Open Co-Ed 5.0 NT (IASF)**	14+	1-20 Males	5-30*	5.0	Y*		Y
International Open 4 (IASF) **	14+	No Males	5-30*	4		Y/Y	
International Open Co-Ed 4 (IASF) **	14+	MIXED	5-30*	4		Y/Y	
International Open 4.2 **	14+	MIXED	5-30*	4.2		Y/N	
International Open 5 (IASF)**	14+	No Males	5-24*	5	Y*	Y/Y	
International Open Small Co-Ed 5 (IASF) **	14+	1-4 Males	5-24*	5	Y*	Y/Y	Y
International Open Large Co-Ed 5 (IASF) **	14+	5-16 Males	5-24*	5	Y*	Y/Y	Y
International Global Club (IASF) ** (Cheer)	14+	No Males	16-24*	5	Y*	Y/Y	
International Global Club Co-Ed (IASF) ** (Cheer)	14+	1-16 Males	16-24*	5	Y*	Y/Y	Y
International Open 6 (IASF) **	17+	No Males	5-36*	6	Y*	Y/Y	
International Open Small Co-Ed 6 (IASF) **	17+	1-4 Males	5-36*	6	Y*	Y/Y	Y
International Open Large Co-Ed 6 (IASF) **	17+	5-16 Males	5-36*	6	Y*	Y/Y	Y
CheerAbilities (***)Up to level 2. In addition, No basket tosses permitted. See guidelines in rules specifically for CheerAbilities)							
CheerAbilities	N/A	MIXED	N/A	2***			
Non-Competitive Divisions (Recreation – using NOVICE rules. All team sizes are 5-30 athletes and all teams are mixed gender.							
Mini (ages 5-8); Youth (Ages 5-11); Junior (Ages 5-14); Senior (Ages 11-17).							

* Team numbers in IASF divisions are restricted to maximum 24 members if competing for a bid to worlds (except Non-Tumble division = Max 30 members). Other events may also restrict divisions to 24 members. Some International Divisions (IASF) at Worlds, and at other events, may require a minimum of 16 participants. Penalties may be assessed for taking the floor with fewer than the required number of athletes.
 ** International and Senior Open divisions will calculate the age within the year of the competition - ending on/as of December 31st, 2019.
 Note – an International Senior athlete who is 19 as of December 31st, 2019 but who was 18 anytime during the year of the competition is

eligible. Example #2: If an 12 or 13 year old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 by December 31st, 2019.

- All other ages on the Age Grid will be calculated as of August 31st, 2018.

- If a team has an athlete who does not meet the required age, that team's performance may be deemed as an exhibition.

1. Please see the IASF/USASF rules for the additional restrictions for Prep, Tiny Novice, Restricted, and CheerAbilities divisions.
2. The maximum number of males on a co-ed team may not exceed 2/3 of the team if competing for a worlds bid.
3. TIME LIMITS: Routine time for Non-tumbling (.0) teams will be 2:00. Global Club will have 30-40 seconds for Cheer portion, 20 seconds to start the music portion and 2:30 maximum music portion. Tiny Novice time limit is 1:30. Prep team time limit is 2:00. Time limit for all other divisions is 2:30.

TINY NOVICE & PREP:

4. Tiny Novice is a competitive division at CheerExpo and they will compete both days of the event.
5. Prep teams may not be classified as Co-Ed, regardless of the number of males on a team.
6. Athletes on Prep teams may not crossover to All Star/Club/IASF teams.
7. Prep team divisions will be offered on SATURDAY ONLY at CheerExpo. They will perform once but can access the event and classes both days. Team costs will reflect this.

CROSSOVERS:

8. Crossovers are not permitted between two teams in the **same** worlds division.
9. A maximum of TWO (2) crossovers will be permitted between teams competing for Worlds Bids in separate divisions (at Worlds NO crossovers are permitted). It is recommended to use this option for emergency purposes only. Crossovers to other non-worlds teams (i.e. Senior 3, Open 4.2, etc) are not limited.
10. An individual athlete may not be permitted to crossover from one all star program to another all star program within the same event. EXCEPTION: An athlete may crossover to another program's level 6 team if their program does not offer level 6 so long as they do not exceed the maximum number of teams permitted.
11. An individual athlete is limited to compete on three teams during an event.
12. An event producer or province may be more restrictive than the rules above for crossovers limits; however they may not be less restrictive than this.
13. For teams competing for Worlds bids, as per IASF once an athlete has competed for a team and earned a bid, they are permitted to move to another team within their program. If their second team earns a bid, they are bound to the second team and may only compete with the second team at Worlds. They no longer are eligible to compete with the first team once the second team is awarded a bid.

UNPLANNED ATHLETE REPLACEMENTS:

14. A program may replace a missing member of a team with another athlete from their program even if not listed on the event's Official Event Roster.
15. If the replacement does not meet the age requirements for that division then the team's performance will be for exhibition only.
16. A team is limited to a maximum of 3 unplanned athlete replacements at an event. If a team requires more than 3 replacements the team's performance will be for exhibition only.

DIVISION SPLITS & COMBINATIONS AT CHEEREXPO:

COMBINATIONS:

1. Combinations will take place first prior to any splits

2. For the divisions listed below, if there is one co-ed registration and/or one all-girl registration, the division will be combined. If a Co-Ed and All Girl division is combined, the Co-Ed team will still be scored using the Co-Ed Quantity (if applicable to the division) and the All-Girl team will continue to use the Stunt Quantity for scoring.

- Junior Co-Ed Level 5 & Junior Level 5
- Senior Co-Ed Level 3 & Senior Level 3
- Senior Co-Ed Level 4 & Senior Level 4
- International Junior Co-Ed 4 (IASF) & International Junior 4 (IASF)
- International Senior Co-Ed 3 (IASF) & International Senior 3 (IASF)
- International Senior Co-Ed 4 (IASF) & International Senior 4 (IASF)
- International Open Co-Ed 4 (IASF) & International Open 4 (IASF)

2. For the Co-Ed International Open and Co-Ed Senior Open divisions listed below, if registrations leave a division with a single team, CheerExpo will combine the small and large co-ed divisions of the same level.

- Senior Open Small Co-Ed 5 & Senior Open Large Co-Ed 5
- International Open Small Co-Ed 5 (IASF) & International Open Large Co-Ed 5 (IASF)
- International Open Small Co-Ed 6 (IASF) & International Open Large Co-Ed 6 (IASF)

PROHIBITED COMBINATIONS:

- Senior 5 (All Girl) & Senior Co-Ed 5 may NOT be combined into one division
 - Senior Open 5 (All Girl) & Senior Open Co-Ed 5 may NOT be combined into one division
 - International Open 5 (All Girl) & International Open Co-Ed 5 may NOT be combined into one division
 - International Open 6 (All Girl) & International Open Co-Ed 6 may NOT be combined into one division
 - International Open 5.0 NT (All Girl) & International Open Co-Ed 5.0 NT may NOT be combined into one division
 - International Global Club 5 (All Girl) & International Global Club Co-Ed 5 may NOT be combined into one division
 - Teams of different levels may NOT be combined into one division
 - Teams of different ages may NOT be combined into one division
 - Restricted divisions may NOT be combined with non-restricted divisions
 - Senior 4.2 and International Open 4.2 may NOT be combined into one division
 - Regular divisions may NOT be combined with non-tumble divisions
 - International Global Club 5 divisions may NOT be combined with International Open 5 divisions
- After the divisions are combined, the event producer must follow the split guidelines below (if applicable).

DIVISION SPLITS:

1. MANDATORY Co-Ed Splits: The following divisions will be split into All-Girl/Co-Ed divisions when there will be 2 or more teams in each respective division:
 - Junior Restricted 5 (First Split -> Team Size (if possible); Second Split -> Co-Ed/All-Girl (if possible)
 - Senior Level 4.2 (First Split -> Co-Ed/All-Girl (if possible); Second Split -> Team Size (if possible)
 - Senior Restricted 5 (First Split -> Co-Ed/All-Girl (if possible); Second Split -> Team Size (if possible)
 - International Open Level 4.2 (First Split -> Co-Ed/All-Girl (if possible); Second Split -> Team Size (if possible)
 - The Second Split (if possible) will happen even if the first split is not possible for all 4 of these divisions

No other divisions may be split into Co-Ed/All-Girl
2. The following Divisions will **NEVER** be split into Co-Ed/All-Girl:
 - Prep Divisions
 - Tiny Novice Divisions
 - Cheer Abilities Division
 - All Tiny, Mini and Youth Divisions
 - Junior Level 1, 2, 3 or 4
 - International Junior (IASF) Level 1, 2, or 3
 - Senior Level 1, 2, or 2.0
 - International Senior (IASF) Level 1 or 2
 - International Open Non-Tumble Levels 1.0, 2.0 or 3.0
3. MANDATORY & OPTIONAL Team Size Splits:
 - a) Teams in the following divisions will be split into Small (5-22 athletes) and Medium (23-30 athletes) when there are at least 2 teams in each respective division:
 - Tiny Level 1
 - Mini Level 1 or 2
 - Youth Level 1, 2, 3 or 4
 - Junior Level 1, 2, 3 or 4
 - Senior Level 1, 2, 3, 4, 2.0 or 4.2
 - International Open 4.2

* NOTE: These teams may be further split into XSmall (5-16 athletes) and Small (17-22 athletes) when there are at least 10 teams registered and at least 3 teams will be in each respective division.

b) Teams in the following divisions will be split into Small (5-22 athletes) and Large (23 – 38 athletes) when there are at least 2 teams in each respective division:

- Restricted Divisions (Youth 5R; Junior 5R and Senior 5R)
- Junior 5 and Junior 5 Co-Ed

* NOTE: These teams may be further split into XSmall (5-16 athletes) and Small (17-22 athletes) when there are at least 10 teams registered and at least 3 teams will be in each respective division.

** NOTE: These teams may be further split into Medium (23-30 athletes) and Large (31-38 athletes) when there are at least 10 teams registered and at least 3 teams will be in each respective division.

c) Senior 5 will be split into the following divisions if there are at least two teams in each division (no team is left in a division alone):

- Senior 5 XSmall (5 - 16 athletes)
- Senior 5 Small (5 – 22 athletes)
- Senior 5 Medium (23 - 30 athletes)
- Senior 5 Large (31 – 38 athletes)

*NB: Programs with more than one team at the 2019 Cheerleading Worlds® are not eligible to compete in XS Senior divisions (All-Girl or Co-Ed). Teams that have 16 or fewer members and are from a Program with 2 or more teams at the Cheerleading Worlds® will compete in the Small Division.

d) Senior Co-Ed 5 will be split into the following divisions if there are at least two teams in each division (no team is left in a division alone):

- Senior 5 XSmall Co-Ed (5 - 16 athletes) AND 1-2 males
- Senior 5 Small Co-Ed (5 – 22 athletes) AND 1-5 males
- Senior 5 Medium Co-Ed (5 - 30 athletes) AND 1-8 males
- Senior 5 Large Co-Ed (5 – 38 athletes) AND 1-19 males

*NB: Programs with more than one team at the 2019 Cheerleading Worlds® are not eligible to compete in XS Senior divisions (All-Girl or Co-Ed). Teams that have 16 or fewer members and are from a Program with 2 or more teams at the Cheerleading Worlds® will compete in the Small Division.

e) International Open 6 (All-Girl and Co-Ed divisions) will be split into Small (5-24 athletes) and Large (25-36 athletes) when there will be at least 2 teams in each respective division. The Small division may be further split to XSmall (5-15 athletes) and Small (16-24 athletes) when there are at least 2 teams in each respective division.

f) Teams in the following International Non-Tumbling (IASF) divisions may be split into Small (5-15 athletes) and Large (16-30 athletes) when at least two teams will be in each resulting division:

- International Open Non-Tumble (IASF) Level 1.0, 2.0 or 3.0
- International Open 5.0 Non-Tumble (IASF) (All-Girl or Co-Ed 5.0)

g) Teams in the following International (IASF) divisions may be split into Small (5-24 athletes) and Large (25-30 athletes) when at least two teams will be in each resulting division:

- International Junior (IASF) Level 1, 2, 3 or 4
- International Senior (IASF) Level 1, 2, 3, or 4
- International Open (IASF) Level 4

* NOTE: These teams may be further split into XSmall (5-15 athletes) and Small (16-24 athletes) when there will be at least two teams in each resulting division.

4. PROHIBITED SPLITS: The following divisions will **NEVER** be split by size:

- International and Senior Open Divisions with a maximum of 24 athletes on the CheerExpo grid (International Open 5, Senior Open 5 and International Global Club 5 divisions) may not be split by team size.
- Prep Divisions may not be split by team size
- Tiny Novice Divisions may not be split by team size
- Cheer Abilities Division may not be split by team size

5. SPLIT EXCEPTION FOR TEAMS FROM THE SAME PROGRAM

Teams from the same program, regardless of their location, will not have to compete against themselves if they have 2 teams of different size that coincide with the MANDATORY SPLIT TEAM SIZE for their respective levels. A mandatory split would occur even it means that a division is left with only one team performing.

Example #1: Allstar/Club Levels 1-4 and 4.2: Teams from the same program will not compete against themselves if they have a Small and Medium team in the same division and level. There is NOT a mandatory split for XSmall and Small teams sizes from the

same program in the same division and level. However, this may be accommodated if the team has crossovers between the two divisions and it is declared prior to the creation of the schedule.

Example #2: Levels 5R and Junior Level 5: Teams from the same program will not compete against themselves if they have a Small and Large team in the same division and level. There is NOT a mandatory split for XSmall/Small or Medium/Large teams sizes from the same program in the same division and level. However, this may be accommodated if the team has crossovers between the two divisions and it is declared prior to the creation of the schedule.

NOTE: Teams of the same size from the same program will NOT be split and must compete against each other.

If you have a division that is not listed here please contact us for assistance.

Questions? Contact us at info@cheerexpo.net

Disclaimer: Information and policies are subject to change depending on Cheer Canada, Cheer Nova Scotia, IASF / USASF policy changes.

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